



TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127.

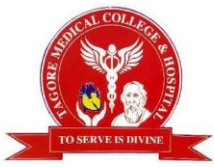
Phone : 044-30101111, Fax : 044-222 5555, Email: tagoremch@gmail.com



(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

EVENT REPORT

Name/Title of the program	PHYSICAL AND MENTAL HEALTH IN EMPOWERING WOMEN		
Date and Time	07/11/2023		9:00AM – 12:00PM
Venue	CRESCENT ENGINEERING COLLEGE		
Target audience/Stakeholder	ENGINEERING STUDENTS		
Number of Participants	220		
Program/Event Organized by	WOMEN EMPOWERMENT COMITTIE TAGORE MEDICAL COLLEGE AND HOSPITAL		
Resource Persons Name and Topic Taken	Name	Designation	Topic Taken
	DR.P.B.PREMALATH A	CO-ORDINATER& H.O.D Dept of OBGYN	SPEECH ON PHYSICAL AND MENTAL HEALT H IN WOMEN
Objective of the Program	TO PROVIDE IN DEPTH KNOWLEDGE AND IMPORATNCE AND MENTAL AND PHYSICAL HEALTH		



Detailed report of the program

The Women Empowerment Program aimed to inspire, educate, and empower female students at Crescent Engineering College. The event was well-attended, with a diverse audience of students, faculty, and staff members eager to participate in discussions surrounding women's empowerment and professional development.

Dr. P.B. Premalatha, a renowned figure in the field of medicine and women's rights, served as the keynote speaker for the event. Her insightful and motivational address focused on the importance of education, self-confidence, and resilience in the journey towards women's empowerment. Dr. Premalatha shared her personal experiences and success stories to inspire the audience and emphasized the need for women to break barriers and pursue their aspirations fearlessly.

Program Highlights

1. **Interactive Sessions:** The program included interactive sessions where students had the opportunity to engage with Dr. Premalatha, asking questions and seeking advice on various aspects of career development and personal growth.
2. **Panel Discussion:** A panel discussion featuring accomplished women from diverse fields provided valuable insights into the challenges and triumphs faced by women in different professions. The panelists shared strategies for overcoming obstacles and achieving success in male-dominated industries.
3. **Skill-building Workshops:** Concurrent workshops were conducted to enhance the practical skills of female students, covering areas such as leadership, communication, and negotiation skills.
4. **Networking Opportunities:** The event facilitated networking among students, faculty, and industry professionals, creating a supportive community for women to connect, share experiences, and seek mentorship.

Feedback and Participation:

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The response from participants was overwhelmingly positive, with attendees expressing gratitude for the valuable insights gained during the program. The interactive nature of the sessions and the diverse perspectives shared by the speakers contributed to a rich and engaging experience for everyone involved.

Conclusion:

The Women Empowerment Program conducted at Crescent Engineering College was a resounding success, thanks to the collaborative efforts of the Women Empowerment Committees of Tagore Medical College and Hospital and the inspiring presence of Dr. P.B. Premalatha. The event not only raised awareness about the importance of women's empowerment but also provided practical tools and guidance for female students to navigate their academic and professional journeys.

We extend our sincere thanks to all participants, speakers, and organizers for contributing to the success of this meaningful initiative. We look forward to future collaborations aimed at fostering a supportive and empowering environment for women at Crescent Engineering College.





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Prof.Dr.M.MALA	DR.J.MUTHUKUMAR
Organizing Secretary	Head of the institution

MINUTES OF MEETING

The National Educational Day program at Crescent Engineering College focused on "Physical and Mental Health in Empowering Women." Engineering college students were the beneficiaries. Dr. Premalatha led the session, supported by members Dr. Ravindran K, Dr. CP Luck, and Dr. Geetha. Discussions highlighted the crucial role of holistic well-being in women's empowerment, stressing the importance of education in promoting both physical and mental health. The team aimed to integrate comprehensive health awareness into the educational framework for sustained empowerment.